

This material was funded by USDA’s Supplemental Nutrition Assistance Program – SNAP through the AZ Health Zone. This institution is an equal opportunity provider.

**free gardening course**

**DAY OF THE WEEK  
DATES OF CLASS**

**TIME**

**where**  
LOCATION ADDRESS GOES HERE

*Taught indoors with possible  
visits to onsite garden*

**who**  
Open to adults and other independent learners

**how**  
Pre-registration is required.

Contact: NAME

PHONE NUMBER

[EMAIL](mailto:ddinihanian@oregonfoodbank.org)

**details**  
Please plan to attend all 6 classes. Participants get a free gardening book, seeds, and other goodies as available.

**Growing Veggies on a Budget**

**Learn low-cost ways to build healthy soil, plan your growing space, choose your crops, care for your growing garden,   
and harvest your bounty!**

**Seed to Supper:**

**¡Aprenda como empezar con tierra saludable para sus vegetales, como crear un plan y cuidar su huerto, y como usar su cosecha!**