

# Taco Seasoning Mix

## Ingredients:

1/4 cup chili powder  
1/4 cup cumin powder  
1 tablespoon garlic powder  
1 tablespoon onion powder  
1 teaspoon oregano leaf (or oregano leaf powder)  
a dash of paprika  
1 teaspoon ground black pepper

Taco Seasoning Mix  
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## Directions:

1. Wash your hands with soap and warm water.
2. Put all spices in a jar and shake well. Store in an airtight jar for up to six months.

## Nutrition Facts (Per Serving)

This seasoning mixture has no added salt. Nutrition information varies depending on how much is used in a recipe and how many servings come out of the recipe.  
Makes approximately 1 cup.

The Supplemental Nutrition Assistance Program (SNAP) provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more, contact 1-800-352-8401. This institution is an equal opportunity provider and employer. This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP.

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